



#NJCFW2020

# NJ Conference for Women

A Network Can Change Your World

## SCHEDULE AT A GLANCE

### Thursday, October 29th

- 7:30 - 8:15 a.m. Yoga with Megan, Honor Yoga
- 10:00 - 11:15 a.m. Mimosa Networking on Zoom
- 4:00- 5:15 p.m. Happy Hour Networking on Zoom

### Friday, October 30th

- 7:30 - 8:15 a.m. Yoga with Romy, Complete Health Yoga
- 8:15 - 8:30 a.m. Coffee Break- Grab Your Coffee and Let's Get Ready for a Day of Inspiration
- 8:30- Conference Launch & Welcome Address- **MAINSTAGE**
- 8:35- 9:20 a.m. Morning Keynote- Leymah Gbowee- **MAINSTAGE**
- 9:20 - 9:30 a.m. Q&A with Leymah Gbowee
- 9:30-10:10 a.m.- General Session Keynote- Kerri Kennedy- **MAINSTAGE**
- 10:10- 10:20 a.m.- Q&A with Kerri Kennedy
- 10:25- 11:05 a.m.- Breakout Session I (Select one)
  - Leveraging Today's Multigenerational Workforce with Krishna Powell
  - Learning New Responses for Stressful Times with Suzannah Sabin
- 11:15- 11:55 a.m.- Breakout Session II (Select one)
  - How About Me? Getting the Recognition You Deserve with Pat Gillette
  - Engagement During Times of Uncertainty: An Opportunity to Shine with Rebecca Feder
- 12:00- 12:30 p.m.- **Lunch Break, Visit Exhibitors & Sponsors, Play to Win**
- 12:30- 1:15 p.m.- Breakout Session III (Select one)
  - Own Your Worth - Women, Wealth and the Path to Financial Independence with Lynn Fryckberg & Lulu Zappy
  - The Power of Living a Deliberate (& Selfish) Life with Laura Kofoid
- 1:15- 2:05 p.m.- Closing Keynote- Victoria Arlen- **MAINSTAGE**
- 2:05- 2:15 p.m.- Q&A with Victoria Arlen
- 2:15- 2:30 p.m.- Closing Remarks and Play to Win Prize Announcements - **MAINSTAGE**

Let's all stay connected and post on social media with #NJCFW2020!